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# Notes on the Audio CD



The audio CD included with this program contains examples, discussions, and activities for Stuttering and Cluttering. Here are the contents of the CD:

1. Introduction (3:06)
2. Constant Voicing Practice: Droned Speech (2:05)
3. Constant Voicing Practice: Monitored/Unmonitored Speech (1:30)
4. Relaxation Exercise 1 (11:17)
5. Relaxation Exercise 2 (11:42)
6. Examples of Common Client Errors (3:47)
7. Overview of Cluttering (7:50)
8. Cluttering Voice Samples (6:40)
9. Checklist for Possible Cluttering Overview (5:37)
10. Completed Checklist for Possible Cluttering & Voice Sample (4:35)