

Expressing Frustration



All people feel frustrated sometimes.



People feel frustrated when they can't do what they want to do.



They may cry or frown or feel angry when they are frustrated.



I feel frustrated when _____.
(frustrating circumstance)

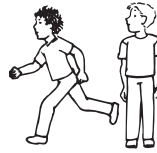
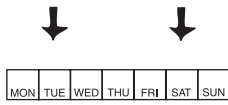


It is okay to feel frustrated sometimes.



I will feel happy again.

Running Away



Sometimes when I am with people I run away.



This is dangerous.



When I hear "Stop," I wait.



I stand still.

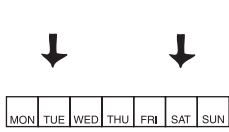


This is important.

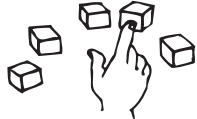


I will try not to run away from people.

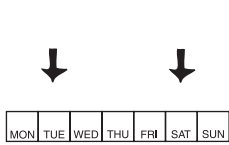
Touching Others



Sometimes I touch people on the _____.
(body part)



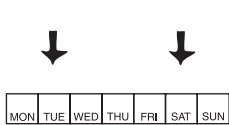
This is not a good choice. People do not like it.



Sometimes I can give a hug. That's okay.



I may touch an arm. That's okay.



Sometimes I can pat a back. That's okay.



I will not touch _____.
(body part)