**Attainment's** 

# Life Skill Stories Instructor's Guide













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# Introduction

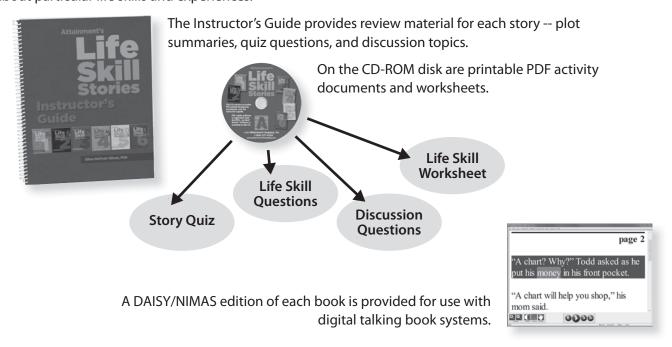
The *Life Skill Stories* six-book set includes 120 stories about teenage life experiences, and the life skills that help us successfully navigate life. Each story is 5 pages long (800-900 words) with a Flesch-Kincaid 2-3 reading difficulty level. Along with stories about decision-making experiences and life strategies, each book also emphasizes broader themes such as organization, responsibility, observation, and self-awareness.

The characters in the stories are teenagers, their friends, and family members. Some stories are humorous, some are a little mysterious, and others touch on the drama of daily life as a teenager. The stories include many opportunities for the characters to implement life skills. Each story concludes with "What Do You Think?" and "What Would You Do?" questions for review and discussion. The books and the stories may be read in any order.

Each story ties directly to a number of specific life skills, and additional activities are provided as printable PDF files for discussion, practice, and evaluation. This instructor's guide is your key to getting the most out of the stories — included is a plot summary for each story, review material, student quiz, and discussion topics.



The books provide 120 stories that may be read in any order. A life skills index makes it easy to choose stories about particular life skills and experiences.



# Incorporating Life Skill Stories into your student's learning plan

The stories and PDF learning resources can be used in a variety of ways, depending on your curriculum objectives and the needs of your students.

# Read and discuss the stories

- Read the stories and use the "What do you think?" and "What would you do?" questions for discussion or as writing assignments.
- Use the Story Quiz to assess story and vocabulary comprehension

# Print out the worksheets for in-class or take-home activities

On the included CD disk are separate file folders for each of the six books. In each book folder are folders with printable PDF activity documents for each story. These can be used to further review the stories and life skill topics:

- Story quiz 9 multiple-choice questions are directly related to the story content. The quiz includes 3 comprehension questions, 2 vocabulary questions, and 4 questions about life skills featured in the story.
- Life skill questions 12 multiple-choice questions designed to further explore the story's life skill themes. The two-page PDF provides two 6-question sets, which can be used as quizzes, worksheets, homework assignments, or discussion starters.
- **Discussion questions** 12 questions for the teacher to guide discussion and encourage thinking about the life skill concepts addressed by the story. Sample responses are included.
- Worksheet activity a one-page worksheet supporting a key life skill from the story.

The complete instructor's guide book is also provided as a PDF file on the CD disk.

# Expand your discussion to the life skill topics

- Use the Life Skills Discussion questions, along with the "What would you do?" and "What do you think?" questions in the book for class discussion of the life skill topics
- Use the Life Skills Quiz questions as a quiz, as a take-home activity, or as a springboard for more discussion

# Choose stories based on common themes

Along with specific life skill experiences, the stories also support 12 important general life skill areas. For example, the first 10 stories in Book 1 have an "organization" theme and the second 10 stories have an emphasis on the concept of "logic."

|        | STORIES 1–10           | STORIES 11–20        |
|--------|------------------------|----------------------|
| Book 1 | Organizing Your World  | Using Logic          |
| Book 2 | Showing Responsibility | Being Conscientious  |
| Book 3 | Being Flexible         | Observing Things     |
| Book 4 | Using Social Skills    | Knowing Yourself     |
| Book 5 | Exploring Resources    | Getting Things Done  |
| Book 6 | Analyzing Matters      | Reaching Conclusions |

2 Life Skill Stories

The following pages, pp. 5 through 124, contain instructor material for each story. Each page includes:

- A short **synopsis** of the story
- The **Story Quiz** for that story, with an asterisk indicating the correct answer *The Story Quizzes also appear as printable PDF documents on the CD.*
- The "What do you think" and "What would you do?" questions from the end of each story, with sample answers
- A listing of the **life skills** referenced in the story
- An answer key to the **Life Skill Questions**The Life Skill Questions can be found as printable PDF documents on the accompanying CD.
- The title of that story's **Life Skill Worksheet**, which can be found as a printable PDF document on the CD. This worksheet is a sample from Dr. Glisan's *Aligning Life Skills to Academics* collection.

An Index of Life Skills follows the review material, starting on p. 125.

This index lists 650 life skills alphabetically, inside these categories:

Math 

Social Science 

Science/Health 

Expressive Literacy 

Receptive Literacy

The index lists every story which references the life skill, by book and story number, as well as the life skill's ALSA code. ALSA—Aligning Life Skills to Academics—is a separate Attainment product containing a lesson plan and corresponding worksheet for each of the 650 life skills.

# BOOK FOUR Story 1 Can You Smell Those CDs?

Two friends' backpacks are accidently switched, switched back, switched, and switched back again without them knowing it. The switching resulted in some frustrating, but temporary, loss of items.

# "What do you think?"

- 1. Which item from the story do you think it would make the *most* sense to keep for years: Alfie's backpack, Jenna's two CDs, or Kara's art project? Explain.
  - Kara's art project would make the most sense to keep for years since it is a personal creation and is easy to keep. Although Jenna likes her CDs, she will likely move onto new music and other homemade CDs and Alfie's backpack will wear out and be replaced by other backpacks.
- 2. As a rule, it is *not* OK to look through someone else's backpack. Why was it OK for Jenna to look through Alfie's backpack?

Because he gave her permission to do so.

# "What would you do?"

3. Maria asked Ted what he was planning to do after high school. How would you answer that question if a friend asked you?

Answers will vary.

## Life skills in this story:

Choosing Papers and Things to Keep Respecting Others'

Property

Reina Dationt with

Being Patient with Expectations of Self and Others

Saying Thanks (Orally and in Writing)

Dealing with Stress

Accepting Compliments
Being Sensitive to Others

Reacting to Others' Moods
Dealing with Conflict
Following Through
Understanding Nonverbal
Communication
Identifying Smells
Using Manners in
Conversations
Having Good Attendance
Choosing Clothes That
Look Nice on You

# Life skill questions (PDF activity file)

**Set 1 answers:** 1.A, 2.C, 3.A, 4.D, 5.B, 6.D **Set 2 answers:** 1.A, 2.C, 3.D, 4.C, 5.C, 6.B

Life skill worksheet (PDF activity file)

Dealing with Stress (Sc36)

# Story quiz (the student quiz is available as a PDF file)

- 1. Why couldn't Alfie find the CD in his backpack?
  - A. because he didn't have his own backpack\*
  - B. because he had never put the CD in his backpack
  - C. because it was stuck to his math book
- 2. Are Alfie and Kara in painting class together?
  - A. yes
  - B. no\*
  - C. no way to tell from the story
- 3. How big do you think Kara's art project was?
  - A. about three times bigger than the cover of the math book
  - B. about twice as big as the cover of the math book
  - C. just a little smaller than the cover of the math book\*
- 4. Choose the word that means: made a deep, grumbling sound.
  - A. growled\*
  - B. frowned
  - C. switched
- 5. Choose the word that means: tried to smell with short inhales.
  - A. disappeared
  - B. slipped
  - C. sniffed\*
- 6. Which statement would a sensitive person most likely make?
  - A. It's not my problem.
  - B. Don't call me. I'll call you.
  - C. Tell me what happened.\*
- 7. Which of the following is an example of bad manners?
  - A. Jenna said, "What's that smell?"
  - B. Alfie threw his backpack in front of Jenna. He growled, "Fine! You find it."\*
  - C. Alfie said, "They say 'Fun Mix for Jenna.' I told you I made two of them!"
- 8. Which choice is not a reason that good attendance is important?
  - A. Good attendance shows you care and are trying.
  - B. Good attendance is a way to know what is going on.
  - C. Good attendance will make you more important.\*
- 9. Which choice is the most important when choosing clothes that look nice on you?
  - A. Find a color that looks good on you. Buy only that color.
  - B. Choose clothes that are not too tight and not too big.\*
  - C. Choose clothes that are in style.

\*indicates correct answer

#### **Playing Checkers** BOOK FOUR Story 2

Three siblings' grandfather dies. They feel sad and out of sorts. They go to the wake where they see family, neighbors, and friends and share memories of their grandfather.

# "What do you think?"

- 1. Dan forgot his pin number. What do you think people have to memorize pin numbers instead of writing them down and keeping them in an easyto-find place?
  - People need to memorize their pin numbers so they can access their bank accounts, but others cannot.
- 2. Alfie took umbrellas on the walk to the store because the news report said it was going to rain. News reports are often wrong. Do you think Alfie was silly to take the umbrellas on their walk? Explain.

No, it wasn't silly. It doesn't hurt to have umbrellas if the news report is wrong, but it does hurt to not have them if the news report is right.

# "What would you do?"

- 3. It takes strength to be positive when people are down. Think about Dan in the story. Say you were his friend. What would you do to help him deal with losing his grandfather?
  - I would visit him and spend some low-key time, perhaps just talking about fun memories of his grandfather.

## Life skills in this story:

**Introducing Others Doing Your Banking Using an ATM Machine Taking Action in Response** to TV and Radio Weather Asking for Reading Help If Warnings

Needed **Being Positive Understanding the Nature** of Illnesses

**Scoring Sports Deaing with Death Knowing Your Neighbors** Talking to Bereaved Friends Understanding Types of and Relatives

**Understanding Common Illnesses and Diseases Doctors** 

**Giving People Enough Physical Space** 

**Understanding Puberty** and Aging

Life skill questions (PDF activity file)

Set 1 answers: 1.C, 2.D, 3.B, 4.C, 5.D, 6.C Set 2 answers: 1.D, 2.C, 3.B, 4.A, 5.D, 6.B

Life skill worksheet (PDF activity file)

Talking to Bereaved Friends and Relatives (Ss112)

# **Story quiz** (the student quiz is available as a PDF file)

- 1. Why did Dan throw six gutter balls?
  - A. He was a bad bowler.
  - B. He was upset about his grandfather.\*
  - C. He was angry with Alfie.
- 2. The food in the back room was for main family members. For whom was the food most likely intended?
  - A. friends and neighbors
  - B. everyone who was related in any way
  - C. Dan's aunts, uncles, and cousins\*
- 3. Grandpa played checkers with his grandchildren. What are "checkers"?
  - A. a board game\*
  - B. a word game
  - C. a ball game
- 4. Choose the word that means: a gathering in honor of a person who has died.
  - A. wake\*
  - B. umbrellas
  - C. family
- 5. Choose the word that means: a written account of the life of a person who died.
  - A. relatives
  - B. obituary\*
  - C. message
- 6. Dan said he would be lucky to break 30 when he was bowling. Which of these scores would be a really good bowling score?
  - A. 100
  - B. 235\*
  - C. 421
- 7. Choose the best way to get to know your neighbors?
  - A. Keep to yourself.
  - B. Take the time to stop and talk.\*
  - C. Wave to them from your window.
- 8. How do you know if you are standing too close to someone?
  - A. You can feel the person's breath on your face.
  - B. You bump the person when you use your hands to talk.
  - C. both of the above\*
- 9. Which of these illnesses causes uncontrolled cell growth?
  - A. cancer\*
  - B. swine flu
  - C. AIDS

\*indicates correct answer

# воок four Story 3 Watch Me!

A high school boy and girl start to date. He is worried she won't want to keep dating him since he doesn't have enough money to take her on expensive dates. He keeps his dating a secret from the football coach who doesn't want players dating. In the end, he learns that money isn't the most important thing to the girl and that he can't keep secrets from the coach.

# "What do you think?"

- 1. Since Alfie plans to spend as little money as possible on his dates, do you think it makes sense for Alfie to have a savings plan for dating? Explain. Yes, it does make sense for Alfie to save money for dating since he will probably want it sometimes. For example, even the picnic cost Alfie some money.
- 2. Why do you think Alfie used two different kinds of knives when cutting the cheese, ham, and bread? Alfie used two different kinds of knives because a smooth knife cuts more easily through foods with smooth textures such as ham and cheese. Coarser foods, such as bread and steak, cut more easily with a serrated knife.

# "What would you do?"

3. Alfie was pricked by a thorn. He had a tetanus shot two years ago. Do you think he would need a booster for something as little as a thorn and if so, does he need it after only two years?

Yes, he would need a booster for something as little as a thorn, but no, he doesn't need it yet since boosters are good for ten years.

# Life skills in this story:

Making a Savings Plan Identifying and Using Serrated- and Smooth-Bladed Knives

Knowing When to Get a Tetanus Shot

Asking a Person for a Date Finding Fun Activities That Are Inexpensive or Free

Planning a Picnic Taking Part in Leisure Activities

Using Proper Eating Manners Understanding the Importance of Washing Your Hands

Understanding Costs of Owning a Car

Using the Freezer to Keep Non-Freezer Foods Fresh

**Using a Newspaper** 

Using a TV Program Guide

Programming a VCR or DVD Player

Summarizing Movies and TV Shows

# **Life skill questions** (PDF activity file)

**Set 1 answers:** 1.D, 2.B, 3.B, 4.A, 5.C, 6.D **Set 2 answers:** 1.B, 2.C, 3.A, 4.D, 5.B, 6.A

### Life skill worksheet (PDF activity file)

Finding Fun Activities that Are Inexpensive or Free (Ma38)

# **Story quiz** (the student quiz is available as a PDF file)

- 1. Why is Alfie worried about Jenna wanting a guy who can afford expensive dates?
  - A. Her last boyfriend took her to expensive restaurants.
  - B. He heard her talking to a friend about fancy restaurants.\*
  - C. He knows she always has lots of expensive things.
- 2. After math class, Jenna says she'll be watching Alfie. What is Jenna going to watch Alfie do?
  - A. play football\*
  - B. plan a picnic
  - C. do his math
- 3. Why does Alfie think the coach is watching Jenna and him?
  - A. The coach pays more attention to Alfie than to other players.
  - B. He did poorly in the game because of Jenna.
  - C. The coach doesn't want his players to date.\*
- 4. Choose the word that means: to have enough money.
  - A. secret
  - B. froze
  - C. afford\*
- 5. Choose the word that means: to destroy.
  - A. wave
  - B. involve
  - C. ruin\*
- 6. Say you are hiking like Alfie and Jenna plan to do. What is the most important thing to take with you?
  - A. water\*
  - B. umbrella
  - C. snacks
- 7. Which of these typical eating manners also apply to picnics?
  - A. Sit up straight.
  - B. Keep your feet on the floor.
  - C. Chew with your mouth shut.\*
- 8. Which car expense most likely costs less than \$40?
  - A. oil change\*
  - B. tune up
  - C. insurance for six months
- 9. Where can you look to find a TV program guide?
  - A. on your TV
  - B. on the Internet
  - C. both of the above\*

\*indicates correct answer

# Appendix: Life Skills Index

Use this chart to find stories that feature a particular life skill. The 650 skills listed here are from *Aligning Life Skills to Academics* (ALSA), also created by Dr. Glison and available as a separate product from the Attainment Company.

The ALSA code at right integrates the stories with the ALSA curriculum of *Life Skill Lessons* and *ALSA Worksheets*. Each story's folder contains one of these worksheets. The ALSA code appears on the worksheet, and that same code is used to coordinate the entire ALSA curriculum.

The life skills in this chart are organized alphabetically within five general academic areas: Math, Social Science, Science/Health, Expressive Literacy, and Receptive Literacy. Each skill is supported by up to five stories in the series. Keywords are bolded.

| MATH   |      |          |         |       |           |    |              |
|--|------|----------|---------|-------|-----------|----|--------------|
| LIFE SKILL   | APPE | ARS IN S | STORIES | (Book | #-Story : | #) | ALSA<br>CODE |
| Allotting adequate <b>time</b>                     | 1-1  | 1-4      | 2-12    | 5-6   |           |    | Ma1          |
| Applying for a <b>loan</b>                         | 3-16 | 5-1      |         |       |           |    | Ma2          |
| Approximating measurements                         | 1-11 | 3-2      | 3-7     | 3-11  | 6-6       |    | Ma3          |
| Arranging furniture so it is attractive and useful | 1-19 | 2-17     | 5-11    | 6-3   |           |    | Ma4          |
| Being punctual                                     | 2-5  | 2-11     | 5-7     | 6-2   |           |    | Ma5          |
| Budgeting  | 1-10 | 6-1      |         |       |           |    | Ma6          |
| Buying the <b>best deal</b>                        | 1-1  | 5-7      | 6-11    |       |           |    | Ma7          |
| Calculating <b>quantities</b>                      | 1-12 | 6-1      |         |       |           |    | Ma8          |
| Checking to see what will fit in a <b>new home</b> | 3-11 |          |         |       |           |    | Ma9          |
| Choosing a <b>lid</b> that will fit based on shape | 1-15 | 3-12     |         |       |           |    | Ma10         |
| Choosing appropriate box sizes                     | 3-5  | 6-12     |         |       |           |    | Ma11         |
| Choosing <b>clothes</b> that look good together    | 2-10 | 3-13     | 6-18    |       |           |    | Ma12         |
| Choosing <b>clothes</b> that look nice on you      | 4-1  | 4-11     | 5-19    |       |           |    | Ma13         |
| Choosing measurement instruments                   | 5-1  | 5-16     | 6-12    |       |           |    | Ma14         |
| Choosing the right kind of screwdriver             | 3-9  | 3-14     | 5-1     |       |           |    | Ma15         |
| Collecting tax information and filing taxes        | 2-3  | 3-9      | 5-17    |       |           |    | Ma16         |
| Controlling credit card levels                     | 1-13 | 3-3      | 5-6     |       |           |    | Ma17         |
| Correlating <b>room numbers</b> and floors         | 1-16 | 6-2      | 6-13    |       |           |    | Ma18         |
| Counting from 1–30                                 | 1-3  | 1-20     | 5-7     |       |           |    | Ma19         |
| Counting money                                     | 2-8  | 5-12     | 5-20    | 6-16  |           |    | Ma20         |
| Counting <b>ply</b>                                | 1-17 | 3-15     |         |       |           |    | Ma21         |
| Counting using the skip method                     | 1-3  | 1-8      | 2-8     | 5-20  |           |    | Ma22         |
| Creating a comparison shopping chart               | 1-1  | 3-13     |         |       |           |    | Ma23         |
| Deciding if a <b>temperature</b> is too high       | 2-10 | 6-14     |         |       |           |    | Ma24         |
| Deciding on level of <b>tip</b>                    | 2-4  | 6-4      | 6-11    |       |           |    | Ma25         |
| Determining miles from a mileage chart             | 4-12 | 5-13     |         |       |           |    | Ma26         |
| Differentiating between relative <b>traits</b>     | 2-1  | 3-12     | 4-14    |       |           |    | Ma27         |
| Dividing into <b>equal sections</b>                | 2-9  | 6-3      |         |       |           |    | Ma28         |

| LIFE SKILL  | APPE | ARS IN S | STORIES | S (Book #-St | tory #) | ALSA<br>CODE |
|---|------|----------|---------|--------------|---------|--------------|
| Doing your <b>banking</b>   | 2-4  | 4-2      |         |              |         | Ma29         |
| Estimating to check expectations  | 1-14 | 3-13     |         |              |         | Ma30         |
| Estimating travel time  | 1-4  | 1-10     | 2-2     |              |         | Ma31         |
| Evaluating <b>purchasing</b> power                                      | 3-13 | 6-4      |         |              |         | Ma32         |
| Exploring banking options   | 2-4  | 5-1      |         |              |         | Ma33         |
| Figuring <b>ages</b>  | 2-15 | 6-5      |         |              |         | Ma34         |
| Figuring elapsed <b>time</b>  | 1-2  | 1-14     | 5-14    | 6-18         |         | Ma35         |
| Figuring <b>tips</b>  | 2-4  | 6-4      |         |              |         | Ma36         |
| Finding an address  | 2-12 | 6-2      |         |              |         | Ma37         |
| Finding fun activities that are inexpensive or free                     | 1-2  | 4-3      | 4-14    | 5-20         |         | Ma38         |
| Finding the desired <b>newspaper page</b>                               | 3-3  | 6-8      | 6-15    |              |         | Ma39         |
| Finding your car in a parking lot                                       | 3-9  | 3-15     | 6-4     |              |         | Ma40         |
| Folding <b>laundry</b>  | 2-12 | 5-15     | 6-19    |              |         | Ma41         |
| Having good attendance  | 2-11 | 4-1      |         |              |         | Ma42         |
| Identifying basic object characteristics such as size, color, and shape | 2-11 | 5-5      | 6-6     | 6-9          |         | Ma43         |
| Identifying coins and bills   | 3-9  | 3-17     |         |              |         | Ma44         |
| Identifying interest and principal                                      | 2-4  | 3-17     |         |              |         | Ma45         |
| Identifying months by numbers   | 1-15 | 2-11     | 5-7     |              |         | Ma46         |
| Judging comparative sizes   | 1-4  | 3-13     | 6-6     |              |         | Ma47         |
| Judging <b>mailing</b> time   | 2-13 | 6-16     |         |              |         | Ma48         |
| Knowing <b>months</b> in order and number of days in month              | 1-5  | 2-11     |         |              |         | Ma49         |
| Knowing the days of the week in order                                   | 1-5  | 2-6      | 6-19    |              |         | Ma50         |
| Knowing where to find other area codes                                  | 3-5  | 5-2      |         |              |         | Ma51         |
| Knowing where to find other <b>zip codes</b>                            | 2-13 | 4-15     | 5-2     |              |         | Ma52         |
| Knowing your area code and <b>phone</b> number                          | 2-12 | 4-12     | 4-18    | 6-9          |         | Ma53         |
| Knowing your clothing and shoe sizes                                    | 3-10 | 4-11     | 5-3     |              |         | Ma54         |
| Knowing your <b>height</b> and <b>weight</b>                            | 3-10 | 4-11     | 4-17    | 5-13         |         | Ma55         |
| Making a <b>bed</b>   | 2-12 | 5-15     | 6-3     |              |         | Ma56         |
| Making a <b>savings</b> plan  | 2-4  | 4-3      |         |              |         | Ma57         |
| Making accurate reservations  | 2-12 | 4-8      | 5-7     |              |         | Ma58         |
| Making <b>change</b>  | 2-6  | 5-12     | 6-16    |              |         | Ma59         |
| Making <b>payment</b> choices   | 3-17 | 6-11     |         |              |         | Ma60         |
| Making sure you wake up on time   | 1-8  | 2-1      | 2-9     | 5-14         |         | Ma61         |
| Measuring for a <b>recipe</b>   | 1-7  | 5-16     |         |              |         | Ma62         |
| Measuring for curtains, frames, etc.                                    | 2-17 | 5-11     |         |              |         | Ma63         |
| Mending clothes   | 2-16 | 5-15     |         |              |         | Ma64         |
| Mixing proper amounts of <b>cleaning</b> solutions                      | 2-17 |          |         |              |         | Ma65         |
| Monitoring miles per gallon   | 3-11 | 3-16     |         |              |         | Ma66         |

| MATH   |      |          |         |           |           | ALSA  |
|--|------|----------|---------|-----------|-----------|-------|
| LIFE SKILL   | APPE | ARS IN S | STORIES | S (Book # | -Story #) | CODE  |
| Ordering at a <b>restaurant</b> on a budget                    | 1-19 | 3-3      | 6-9     |           |           | Ma67  |
| Ordering at a <b>restaurant</b> when someone else is paying    | 2-9  | 3-3      |         |           |           | Ma68  |
| Packing for a <b>trip</b>                                      | 1-10 | 1-16     | 5-2     | 5-6       |           | Ma69  |
| Planning around daylight saving time                           | 3-4  | 3-9      |         |           |           | Ma70  |
| Planning around time zones                                     | 1-16 | 3-4      | 5-2     |           |           | Ma71  |
| Planning to remember <b>birthdays</b> of friends and relatives | 3-3  | 4-4      |         |           |           | Ma72  |
| Projecting needed time for an activity                         | 1-5  | 1-18     | 4-17    |           |           | Ma73  |
| Providing quality work   | 2-13 | 4-5      |         |           |           | Ma74  |
| Putting names in a cell phone address book                     | 1-3  | 5-12     | 6-18    |           |           | Ma75  |
| Putting things in <b>order</b>                                 | 1-2  | 2-13     | 6-3     |           |           | Ma76  |
| Reading and writing dates                                      | 1-15 | 3-5      | 6-19    |           |           | Ma77  |
| Reading and writing <b>numbers</b>                             | 3-2  |          |         |           |           | Ma78  |
| Reading Charts, Tables, and Graphs                             | 1-12 | 3-17     | 5-4     |           |           | Ma79  |
| Reading Roman numerals   | 1-14 | 1-17     | 2-14    | 6-18      |           | Ma80  |
| Reading the <b>speedometer</b> and gas gauge                   | 2-7  | 3-16     | 6-4     |           |           | Ma81  |
| Recognizing letter and legal sizes                             | 2-12 | 3-17     |         |           |           | Ma82  |
| Recognizing standard measurements                              | 3-7  | 3-11     |         |           |           | Ma83  |
| Scheduling errands   | 1-4  | 1-6      | 4-12    |           |           | Ma84  |
| Scoring sports   | 1-6  | 4-2      | 4-18    |           |           | Ma85  |
| Setting the <b>alarm</b> on a clock                            | 2-16 | 5-14     |         |           |           | Ma86  |
| Setting the <b>time</b> on a clock                             | 5-14 | 6-10     |         |           |           | Ma87  |
| Sewing by hand   | 2-3  | 5-11     |         |           |           | Ma88  |
| Shopping for clothes   | 1-8  | 5-3      | 6-7     |           |           | Ma89  |
| Sizing recipes   | 1-7  | 3-2      |         |           |           | Ma90  |
| Telling time   | 2-13 | 3-17     | 6-7     |           |           | Ma91  |
| Translating a <b>phone number</b> from words to numbers        | 1-18 | 3-1      | 6-9     |           |           | Ma92  |
| Translating sales <b>percents</b> into dollars                 | 1-5  | 1-8      | 6-7     |           |           | Ma93  |
| Understanding A.M. and P.M.                                    | 2-11 | 3-17     | 6-9     |           |           | Ma94  |
| Understanding costs of owning a <b>car</b>                     | 3-16 | 4-3      | 5-1     |           |           | Ma95  |
| Understanding personal <b>hygiene</b> products cost            | 3-11 | 3-19     |         |           |           | Ma96  |
| Understanding counterclockwise                                 | 1-6  | 3-10     | 6-7     |           |           | Ma97  |
| Understanding <b>credit</b> history                            | 3-17 | 6-4      |         |           |           | Ma98  |
| Understanding household meters and gauges                      | 3-8  | 3-14     | 6-9     |           |           | Ma99  |
| Understanding how to use <b>credit</b>                         | 1-10 | 6-4      |         |           |           | Ma100 |
| Understanding interest rates                                   | 3-17 | 6-4      |         |           |           | Ma101 |
| Understanding logical sequences                                | 1-2  | 2-11     | 6-13    |           |           | Ma102 |
| Understanding measurement equivalents                          | 3-2  | 3-11     |         |           |           | Ma103 |

| MATH   |      |          |         |         |            |              |
|--|------|----------|---------|---------|------------|--------------|
| LIFE SKILL   | APPE | ARS IN S | STORIES | (Book # | #-Story #) | ALSA<br>CODE |
| Understanding net and gross pay                    | 2-4  | 6-3      | 6-7     |         |            | Ma104        |
| Understanding quantity relationships               | 1-12 | 1-17     | 2-13    |         |            | Ma105        |
| Understanding ratios                               | 1-12 | 3-2      |         |         |            | Ma106        |
| Understanding sports statistics                    | 1-12 | 6-8      |         |         |            | Ma107        |
| Understanding types of taxes                       | 3-9  | 4-15     | 5-3     |         |            | Ma108        |
| Understanding years and decades                    | 2-14 | 5-4      | 5-9     | 6-12    |            | Ma109        |
| Using a <b>calculator</b>                          | 3-2  | 5-11     |         |         |            | Ma110        |
| Using a <b>calendar</b> as a reminder to pay bills | 1-5  | 2-5      | 4-8     | 4-11    |            | Ma111        |
| Using a <b>debit</b> card wisely                   | 2-2  | 3-17     |         |         |            | Ma112        |
| Using a grid to arrange furniture                  | 2-18 | 5-11     |         |         |            | Ma113        |
| Using a microwave                                  | 2-17 | 5-16     | 6-9     |         |            | Ma114        |
| Using a <b>padlock</b>                             | 2-14 | 5-17     |         |         |            | Ma115        |
| Using an <b>oven</b>                               | 5-16 | 6-14     |         |         |            | Ma116        |
| Using an oven timer                                | 5-16 | 6-14     |         |         |            | Ma117        |
| Using <b>burners</b>                               | 2-5  | 5-16     |         |         |            | Ma118        |
| Using <b>counting</b> words                        | 1-7  | 3-2      | 6-17    |         |            | Ma119        |
| Using non-traditional measuring devices            | 1-11 | 1-15     | 3-5     |         |            | Ma120        |
| Using prescription medication properly             | 2-5  | 2-6      | 2-20    | 4-16    |            | Ma121        |
| Using rulers, yard sticks, and meter sticks        | 2-13 | 5-11     |         |         |            | Ma122        |
| Using <b>shapes</b>                                | 3-18 | 5-5      | 5-8     | 5-9     |            | Ma123        |
| Using tallies                                      | 1-8  | 2-1      |         |         |            | Ma124        |
| Using tax tables                                   | 2-3  | 5-17     |         |         |            | Ma125        |
| Watching for good shopping deals                   | 3-7  | 5-3      | 6-4     | 6-7     |            | Ma126        |
| Watching refrigerator and freezer temperatures     | 2-3  | 2-7      | 3-14    | 5-5     |            | Ma127        |
| Working at a rate that shows <b>effort</b>         | 2-1  | 3-5      |         |         |            | Ma128        |
| Working with a <b>bus schedule</b>                 | 2-5  | 3-6      |         |         |            | Ma129        |
| Wrapping a <b>gift</b>                             | 2-17 | 5-15     |         |         |            | Ma130        |
| Writing <b>money</b> amounts in numbers and words  | 2-3  | 5-17     |         |         |            | Ma131        |

| LIFE SKILL  | APPE | ALSA<br>CODE |      |      |     |      |
|---|------|--------------|------|------|-----|------|
| Adjusting <b>behavior</b> for different situations    | 1-3  | 1-7          | 2-13 | 2-19 |     | Ss1  |
| Apologizing when you hurt or inconvenience others     | 1-17 | 3-1          | 3-8  | 4-14 |     | Ss2  |
| Asking a person for a <b>date</b>                     | 3-1  | 4-3          | 6-13 | 6-19 |     | Ss3  |
| Assembling a <b>first aid</b> kit                     | 3-19 | 5-13         |      |      |     | Ss4  |
| Becoming familiar with a <b>new community</b>         | 3-12 | 5-2          |      |      |     | Ss5  |
| Behaving appropriately for the weather                | 3-15 | 6-17         |      |      |     | Ss6  |
| Being honest  | 1-6  | 2-17         | 6-2  |      |     | Ss7  |
| Being part of a <b>team</b>                           | 1-4  | 1-11         | 1-12 | 3-5  | 3-8 | Ss8  |
| Being responsible at work                             | 1-9  | 2-1          | 5-13 |      |     | Ss9  |
| Being sensitive to others                             | 2-7  | 4-1          | 4-17 |      |     | Ss10 |
| Calling 911   | 2-3  | 2-6          | 2-9  | 4-16 |     | Ss11 |
| Carrying money safely                                 | 1-1  | 6-16         |      |      |     | Ss12 |
| Choosing an apartment                                 | 1-9  | 1-19         |      |      |     | Ss13 |
| Choosing people to ask for <b>references</b>          | 2-1  | 6-10         | 6-19 |      |     | Ss14 |
| Choosing the best <b>route</b>                        | 1-4  | 1-10         | 3-10 | 5-2  |     | Ss15 |
| Choosing to have <b>fresh breath</b>                  | 2-16 | 4-13         | 4-18 |      |     | Ss16 |
| Comparing leases, floorplans, etc.                    | 3-12 | 6-1          |      |      |     | Ss17 |
| Crossing the <b>street</b> safely                     | 1-5  | 5-17         | 6-2  |      |     | Ss18 |
| Dealing with <b>conflict</b>                          | 1-1  | 4-1          | 4-19 |      |     | Ss19 |
| Dealing with <b>job</b> issues                        | 2-6  | 4-5          |      |      |     | Ss20 |
| Differentiating between obvious male and female names | 2-8  | 4-20         | 6-5  |      |     | Ss21 |
| Discussing current events                             | 2-9  | 4-15         | 6-8  |      |     | Ss22 |
| Drawing directions                                    | 3-8  | 5-18         | 6-20 |      |     | Ss23 |
| Evaluating your own attitude                          | 2-1  | 4-14         | 4-17 | 5-15 |     | Ss24 |
| Explaining why <b>hitchhiking</b> is not safe         | 3-6  | 6-7          | 6-18 |      |     | Ss25 |
| Finding weather reports for varying locations         | 3-7  | 5-2          | 6-6  |      |     | Ss26 |
| Following <b>neighborhood</b> guidelines              | 3-7  | 4-15         |      |      |     | Ss27 |
| Following through                                     | 1-5  | 2-12         | 4-1  |      |     | Ss28 |
| Getting a birth certificate                           | 2-8  | 4-8          |      |      |     | Ss29 |
| Getting along with a roommate                         | 1-9  | 4-6          | 5-18 |      |     | Ss30 |
| Getting along with others                             | 1-18 | 3-1          | 3-6  | 5-5  |     | Ss31 |
| Getting ready to <b>go to bed</b>                     | 3-14 | 6-14         |      |      |     | Ss32 |
| Giving directions to a driver                         | 3-8  | 4-8          |      |      |     | Ss33 |
| Handling peer pressure                                | 2-5  | 4-6          | 4-19 |      |     | Ss34 |
| Having a working knowledge of the <b>50 states</b>    | 1-16 | 5-2          | 5-6  | 6-18 |     | Ss35 |
| Identifying actions that are <b>criminal</b>          | 2-15 | 6-12         |      |      |     | Ss36 |
| Identifying cities                                    | 3-18 | 5-6          |      |      |     | Ss37 |
| Identifying directions (North, South, East, West)     | 1-17 | 5-6          | 6-6  |      |     | Ss38 |

| SOCIAL SCIENCE  |   |      |      |         |  |              |  |
|---|---|------|------|---------|--|--------------|--|
| LIFE SKILL  | SKILL APPEARS IN STORIES (Book #-Story #) |      |      |         |  |              |  |
| Identifying ethnic <b>foods</b>                           | 2-1                                       | 3-19 | 6-18 | (DOOK ) |  | CODE<br>Ss39 |  |
| Identifying foreign countries on a map                    | 3-18                                      | 5-6  |      |         |  | Ss40         |  |
| Identifying <b>jobs</b> that are well-matched to personal | 3-10                                      | 6-10 |      |         |  | Ss41         |  |
| strengths   |   |      |      |         |  |              |  |
| Identifying nearby cities                                 | 3-1                                       | 4-12 |      |         |  | Ss42         |  |
| Identifying realistic <b>job</b> possibilities            | 1-8                                       | 1-12 |      |         |  | Ss43         |  |
| Interacting in the <b>community</b>                       | 3-7                                       | 4-7  |      |         |  | Ss44         |  |
| Keeping commitments                                       | 1-20                                      | 2-14 | 5-4  |         |  | Ss45         |  |
| Keeping <b>hands</b> in appropriate places when in public | 2-14                                      | 3-19 |      |         |  | Ss46         |  |
| Knowing and following driving rules                       | 2-15                                      | 3-11 | 4-12 |         |  | Ss47         |  |
| Knowing family relationships                              | 1-2                                       | 1-5  | 2-8  | 4-17    |  | Ss48         |  |
| Knowing holiday dates and traditions                      | 1-7                                       | 3-20 |      |         |  | Ss49         |  |
| Knowing how current events relate to you                  | 2-15                                      | 4-15 |      |         |  | Ss50         |  |
| Knowing languages spoken in different countries           | 1-18                                      | 5-4  | 5-6  |         |  | Ss51         |  |
| Knowing <b>left</b> and <b>right</b>                      | 2-6                                       | 4-11 | 4-12 | 5-14    |  | Ss52         |  |
| Knowing people at <b>school</b>                           | 1-18                                      | 4-7  |      |         |  | Ss53         |  |
| Knowing personal choices                                  | 1-11                                      | 4-13 | 4-15 | 4-19    |  | Ss54         |  |
| Knowing personal facts                                    | 4-4                                       | 4-11 | 4-20 |         |  | Ss55         |  |
| Knowing recent U.S. <b>Presidents</b>                     | 1-20                                      | 3-20 | 5-4  | 5-9     |  | Ss56         |  |
| Knowing the area where you live                           | 3-8                                       | 4-12 | 6-16 |         |  | Ss57         |  |
| Knowing what you will <b>do</b> after high school         | 3-1                                       | 4-15 | 4-19 |         |  | Ss58         |  |
| Knowing when and how to use travelers checks              | 4-9                                       | 6-18 |      |         |  | Ss59         |  |
| Knowing your <b>legal rights</b>                          | 2-7                                       | 2-8  | 3-9  | 6-7     |  | Ss60         |  |
| Knowing your mother's maiden name                         | 3-20                                      | 4-4  | 5-8  |         |  | Ss61         |  |
| Knowing your <b>neighbors</b>                             | 1-9                                       | 4-2  | 4-7  | 5-7     |  | Ss62         |  |
| Listing pros and cons                                     | 1-19                                      | 2-15 |      |         |  | Ss63         |  |
| Maintaining quality work for eight hours                  | 1-8                                       | 2-13 |      |         |  | Ss64         |  |
| Making and carrying out <b>plans</b>                      | 1-5                                       | 1-8  | 2-17 |         |  | Ss65         |  |
| Making assumptions  | 1-11                                      | 1-17 | 1-18 | 4-14    |  | Ss66         |  |
| Making decisions  | 1-5                                       | 1-7  | 1-11 | 1-15    |  | Ss67         |  |
| Making <b>friends</b>                                     | 1-16                                      | 4-8  | 4-18 | 5-2     |  | Ss68         |  |
| Making leisure choices                                    | 1-2                                       | 1-3  | 4-8  | 5-17    |  | Ss69         |  |
| Making safe choices when out at night                     | 2-15                                      | 6-7  | 6-20 |         |  | Ss70         |  |
| Making travel decisions based on typical climate          | 4-9                                       | 6-6  | 6-17 |         |  | Ss71         |  |
| Naming <b>elected</b> officials                           | 2-9                                       | 4-15 | 6-8  |         |  | Ss72         |  |
| Naming major local intersections                          | 2-15                                      | 6-16 | 6-20 |         |  | Ss73         |  |
| Packing to move   | 3-11                                      | 5-2  | 5-18 | 6-1     |  | Ss74         |  |
| Parenting   | 1-20                                      | 2-2  | 2-4  | 5-2     |  | Ss75         |  |
| Planning a <b>picnic</b>                                  | 3-19                                      | 4-3  | 5-2  |         |  | Ss76         |  |

| SOCIAL SCIENCE  |      |       |      |      |  | ALSA  |
|---|------|-------|------|------|--|-------|
| LIFE SKILL  | APPE | ry #) | CODE |      |  |       |
| Planning a <b>vacation</b>                                    | 1-10 | 4-9   | 4-11 | 5-6  |  | Ss77  |
| Preparing to get married                                      | 2-8  | 4-9   |      |      |  | Ss78  |
| Protecting your <b>identity</b>                               | 3-3  | 4-13  | 4-20 | 6-9  |  | Ss79  |
| Providing identification                                      | 1-10 | 2-7   | 2-8  | 6-7  |  | Ss80  |
| Putting <b>utilities</b> in your name                         | 1-9  | 3-12  |      |      |  | Ss81  |
| Reacting to strangers   | 3-16 | 6-2   | 6-18 |      |  | Ss82  |
| Reading a <b>map</b>  | 1-10 | 3-16  |      |      |  | Ss83  |
| Reading a map while in the car                                | 3-15 | 5-18  |      |      |  | Ss84  |
| Recognizing area types  | 1-3  | 3-4   |      |      |  | Ss85  |
| Recognizing areas of town or city by <b>street</b> categories | 2-4  | 6-2   | 6-12 | 6-20 |  | Ss86  |
| Recognizing colors in your world                              | 2-10 | 3-15  | 4-20 | 6-6  |  | Ss87  |
| Recognizing <b>famous</b> people                              | 2-12 | 3-20  | 5-12 |      |  | Ss88  |
| Recognizing <b>geographical</b> differences                   | 3-16 | 3-20  |      |      |  | Ss89  |
| Recognizing house styles                                      | 3-8  | 3-11  | 5-7  |      |  | Ss90  |
| Respecting cultural diversity                                 | 3-1  | 6-13  |      |      |  | Ss91  |
| Respecting individuals with physical/mental challenges        | 1-3  | 1-6   | 6-1  | 6-13 |  | Ss92  |
| Respecting others' privacy                                    | 2-2  | 3-5   | 3-8  | 4-19 |  | Ss93  |
| Respecting others' property                                   | 1-17 | 2-16  | 4-1  |      |  | Ss94  |
| Searching for <b>service</b> providers                        | 3-7  | 6-10  |      |      |  | Ss95  |
| Serving on a <b>jury</b>                                      | 2-9  | 3-14  |      |      |  | Ss96  |
| Showing a positive attitude                                   | 2-20 | 4-5   | 5-17 | 6-13 |  | Ss97  |
| Showing country <b>loyalty</b>                                | 3-9  | 4-9   | 6-8  |      |  | Ss98  |
| Showing family <b>loyalty</b>                                 | 1-5  | 4-7   | 4-17 | 5-20 |  | Ss99  |
| Showing good sportsmanship                                    | 1-3  | 1-14  | 3-9  | 6-8  |  | Ss100 |
| Showing public <b>courtesy</b>                                | 3-6  | 4-7   |      |      |  | Ss101 |
| Showing self control  | 1-11 | 4-14  | 4-17 | 6-4  |  | Ss102 |
| Showing two <b>IDs</b>  | 3-6  | 5-18  |      |      |  | Ss103 |
| Sorting bodies of water                                       | 1-16 | 6-6   |      |      |  | Ss104 |
| Sorting land types  | 3-20 | 6-6   |      |      |  | Ss105 |
| Sorting societal structures                                   | 4-13 | 6-6   |      |      |  | Ss106 |
| Storing important papers safely                               | 1-1  | 2-8   | 6-12 |      |  | Ss107 |
| Taking action when <b>lost</b>                                | 2-4  | 6-16  | 6-20 |      |  | Ss108 |
| Taking care of things you <b>borrow</b>                       | 2-10 | 2-16  | 6-9  |      |  | Ss109 |
| Taking part in <b>leisure</b> activities                      | 1-5  | 4-3   | 4-10 | 4-18 |  | Ss110 |
| Taking <b>responsibility</b> for one's own actions            | 1-19 | 2-1   | 2-4  | 4-16 |  | Ss111 |
| Talking to <b>bereaved</b> friends and relatives              | 4-2  | 4-7   |      |      |  | Ss112 |
| Talking to the <b>boss</b>                                    | 3-10 | 4-5   | 6-3  |      |  | Ss113 |
| Understanding about candidates and voting                     | 4-7  | 5-14  | 6-8  |      |  | Ss114 |

| SOCIAL SCIENCE  |  |      |      |      |  |               |  |
|---|--|------|------|------|--|---------------|--|
| LIFE SKILL  | LIFE SKILL APPEARS IN STORIES (Book #-Story #) |      |      |      |  |               |  |
| Understanding <b>alcohol/drugs</b> and driving                                    | 2-15   | 4-12 |      |      |  | CODE<br>Ss115 |  |
| Understanding and dealing with <b>inappropriate</b> words and touches from others | 3-3  | 6-13 |      |      |  | Ss116         |  |
| Understanding general history timeline  | 3-8  | 5-4  |      |      |  | Ss117         |  |
| Understanding good customer service   | 2-13   | 6-3  | 6-13 |      |  | Ss118         |  |
| Understanding living location options   | 3-12   | 5-2  |      |      |  | Ss119         |  |
| Understanding local, state, and national  | 1-2  | 4-5  | 6-6  |      |  | Ss120         |  |
| Understanding parking options   | 3-11   | 6-7  |      |      |  | Ss121         |  |
| Understanding registrations and licenses  | 1-18   | 2-5  | 2-8  |      |  | Ss122         |  |
| Understanding special needs assistance options                                    | 4-7  | 5-1  | 5-10 | 6-12 |  | Ss123         |  |
| Understanding the 3-day right to rescind a contract                               | 4-9  | 6-11 |      |      |  | Ss124         |  |
| Understanding the skills needed to perform a desired <b>job</b>                   | 3-10   | 5-10 | 5-13 |      |  | Ss125         |  |
| Understanding U.S. road systems   | 2-15   | 3-16 | 6-6  |      |  | Ss126         |  |
| Understanding wants versus <b>needs</b>   | 1-8  | 1-13 | 1-18 |      |  | Ss127         |  |
| Understanding why the U.S. government needs taxes                                 | 2-3  | 6-8  |      |      |  | Ss128         |  |
| Understanding your values   | 3-6  | 4-14 | 4-19 |      |  | Ss129         |  |
| Using a <b>globe</b>  | 3-19   | 5-20 |      |      |  | Ss130         |  |
| Using a mall <b>directory</b>   | 1-13   | 3-13 | 6-4  |      |  | Ss131         |  |
| Using a <b>map</b> legend   | 3-16   | 6-17 |      |      |  | Ss132         |  |
| Using a road <b>map</b> or atlas  | 3-20   | 5-18 |      |      |  | Ss133         |  |
| Using community resources   | 1-6  | 5-1  | 6-13 |      |  | Ss134         |  |
| Using mailing and shipping services   | 4-5  | 5-19 |      |      |  | Ss135         |  |
| Using proper <b>eating</b> manners  | 2-4  | 4-3  |      |      |  | Ss136         |  |
| Using public transportation   | 1-10   | 5-7  | 5-18 |      |  | Ss137         |  |
| Volunteering in the community   | 1-16   | 3-6  |      |      |  | Ss138         |  |
| Waiting in line calmly  | 1-3  | 4-7  | 6-16 |      |  | Ss139         |  |
| Walking and driving in <b>parking</b> lots  | 2-20   | 5-3  | 6-7  |      |  | Ss140         |  |
| Working in a group  | 3-2  | 3-5  | 4-5  |      |  | Ss141         |  |